

# EECP for Long COVID Symptoms



## What is Long COVID?

**Long COVID** is when patients have persistent symptoms for weeks, up to 9 months after testing positive for COVID-19. This population is generally termed as “COVID-19 Long Haulers,” suffering from “long COVID-19” or having “post-COVID Sequelae.”

In the US, the CDC interviewed 292 COVID-19 positive patients and found that 57% continued to have one or more symptoms 14 – 21 days after initial testing.



## What is Enhanced External Counterpulsation (EECP)?

**EECP® Therapy** is a noninvasive outpatient treatment for symptoms associated with heart disease. These symptoms are typically caused by a lack of blood supply to the heart causing:

**Angina, Shortness of Breath, Fatigue, A Decreased Ability to Exercise and Engage in Activities of Daily Living.**

**EECP® Therapy** increases blood flow and oxygen to the heart and other organs, reducing or eliminating these symptoms in most patients.



## Long COVID Symptoms

- + Fatigue
- + Shortness of Breath
- + Difficulty Sleeping
- + Anxiety/Depression
- + Chest Pain
- + Cough
- + ‘Brain fog’



## How EECP Treats COVID-19 Symptoms

### Increased Blood Flow

In addition to increased blood flow to the heart, EECP has been shown to improve the health of the blood vessels in the body. SARS-CoV-2 virus impairs this pathway in blood vessels, therefore it is plausible that EECP may play a significant role in the management of post-COVID symptoms.

### Reduced Symptoms

Typically, EECP reduces symptoms of fatigue by 36% (PROMIS Fatigue Score) and breathing difficulties by 50% (ROSE Dyspnea Score). As we learn to better manage patients with Long COVID, we have seen improvements in shortness of breath, fatigue and "brain fog" after a modified schedule with 5 weeks of EECP therapy.

## Treatment Information

- Affordable payment plans available (subject to insurance)
- Package includes 5 Treatments per week for 5 Weeks
- FDA Approved for Angina
- Trusted by Cardiac Programs such as Mayo Clinic and Cleveland Clinic
- Established in 2003
- Nation’s Largest EECP Provider
- 7 Centers in the U.S.



EMAIL [CONVERSION@FLOWTHERAPY.COM](mailto:CONVERSION@FLOWTHERAPY.COM) TODAY  
OR LEARN MORE AT [FLOWTHERAPY.COM](http://FLOWTHERAPY.COM)